

Oslo L♥dge in the heart of Central New York



# SONS OF NORWAY

**Sons of Norway Third District  
Oslo Lodge 3-438**

**\*\* 2009 Small Lodge of the Year \*\***  
**\*\* 2007 Small Lodge of the Year \*\***

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**Oslo Lodge Executive Officers**

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**Oslo Lodge** [www.oslolodge.org](http://www.oslolodge.org)

Oslo Lodge meets monthly. Please check calendar for event locations.

Dear members and friends

The summer is almost here, as soon as it stops raining! Eric and Deidre graduated from college and moved back home, but not for long, I hope. My quiet house is quiet no more!

We will host the annual picnic on Saturday June 18th at my house - so make sure you stop by. Bring a lawn chair, a dish to pass and we will have a good time.

Talking about a good time, on Saturday August 13th the lodge will be participation in the Scottish games. Look for more details in this newsletter. I hope you will take the opportunity to visit the Scottish games! In honor of the Scottish games I will make sure we fly over Scotland, since we will be returning to the USA, on the same day after 3 weeks in Europe.

See you all at the picnic.  
Bjorn Solli,  
President Oslo Lodge

**“The mission of Oslo Lodge, Sons of Norway 3-438, is to promote and preserve the heritage and culture of Norway and other Nordic Countries.”**



**Happy Fathers' Day  
to all you dads and  
granddads!**

Saturday June 18<sup>th</sup> 1:00 pm

Oslo Lodge



All friends and members of Oslo Lodge are invited to the home of President Bjorn Solli and his gracious wife Diane, on June 18, for what is becoming an annual event. We will gather at 1:00 for food and fellowship. Young and old alike are invited. Meat, rolls, condiments, coffee and drinks will be provided.

Those attending are asked to bring a dish to pass, such as a salad, casserole or dessert. **Please contact Lorraine Bentley by email [lcb1933@verizon.net](mailto:lcb1933@verizon.net) or phone 315-652-5527** to let her know what you are bringing or if you need a suggestion. Also, bring lawn chairs if you can.

Last year's event was a lot of fun even though there was a heavy downpour during the afternoon. Save the date and join the crowd on June 18.

**Directions:** Thruway to exit 32 Westmoreland. Take route 233 to route 5 East. In New Hartford, take RT 12 South for ¾ mile, then left on Paris Road for ½ mile. Take left onto Laurelwood, go to the end and make a left on Heatherwood to a gray contemporary house at the end of Heatherwood, which will be 13 Galway Rd, New Hartford, NY 13413 Call 225-0079 if you need help.

2011 Calendar

Mark your Calendars & Save these Dates!

Sat. June 4<sup>th</sup> LOV Lobster Fest. See page 4.

June 5 Denmark's Constitution Day 

June 6 Sweden's Constitution Day 

June 14 United States' Flag Day 

June 17 Iceland's Independence Day 

Sat. June 18 Oslo Lodge Picnic – info at left  
We're saving a spot for you!



Sun. June 19 Fathers' Day

July 3-16 Youth Camp at LOV. See page 4.

Sat. July 23 Zone 4 Picnic. See page 4.

July 25 St. Olav's Day. Coming in next issue.

Sat. Aug. 13 Scottish Games, Syracuse, NY.  
Vikings reconnect with the Scots. See page 4.

Sun. Sept. 11 Membership & Culture

Sat. Oct. 15 Annual CNY Scandinavian Day  
Music, crafts, art, genealogy, cooking

Sun. Nov. 13 Nordic Christmas

Sat. Dec. 12 Juletefest,  
your Christmas Party!



Circulation to a few brave Nordic folks and those who are not afraid of them!

**OSLO LODGE**

**June Birthdays** Gratulere med dagen

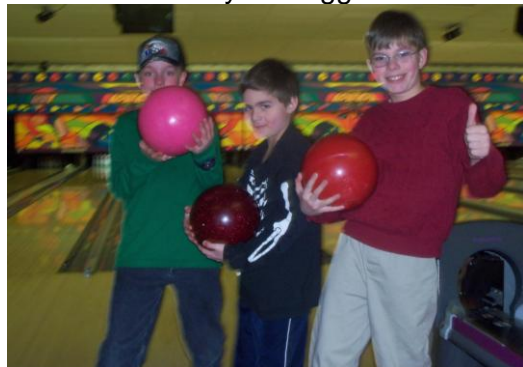


- 2<sup>nd</sup> Hilda Morgan
- 6<sup>th</sup> Dan Christiansen
- 9<sup>th</sup> Kristen Gamble
- 11<sup>th</sup> Jeremiah McCadam
- 13<sup>th</sup> Paul Hammond
- 16<sup>th</sup> Kari Opatz
- 17<sup>th</sup> Marc Haynes
- 17<sup>th</sup> Joey Barbuto
- 18<sup>th</sup> Marsha Hasseler

**Norwegian Language Going Strong!**

Would you like to participate in the next course? Need more info? Then email [editor@oslolodge.org](mailto:editor@oslolodge.org) and your information will be sent to Jenny who will be glad to get in touch with you.

**Vikings Kids Klubb is planning** several summer events. So please email Sarah at [youth@oslolodge.org](mailto:youth@oslolodge.org) or Karin at [editor@oslolodge.org](mailto:editor@oslolodge.org) for details or to add your suggestion.



Brenden, Joey, and Kevin bowled in the 3D Bowling Tournament in March.

**Sons of Norway Sports Medals** can be earned simply by recording your athletic activities. Last year three Oslo Lodge members were awarded Sports Medals. How about you? Come learn more about it.

**Members on the Mend.**

Is there someone ill or need of cheer? Email Marsha at [secretary@oslolodge.org](mailto:secretary@oslolodge.org)



**May 14: Zone 4 celebrates 17de Mai at LOV**



A few Brave souls from Fram, Norsemen, Oslo, Troll, Scandinavian Heritage and Bernt Balchen Lodges braved the rain for this photo. Downpour prevented the parade but did not dampen the day or the fun for over 50 people at Land of the Vikings!



**Bunader og Festdrakt**



**Five Minute Viking Contest**

Bjørg Dunlop (Fram) and Tom Torkildsen (Bernt Balchen) help Brenden McCadam (Oslo) become the fiercest Viking.

**Plenty of Nordic sweaters and t-shirts**



### This Summer at Oslo Lodge Sat. July 23 Zone 4 Picnic.

Hudson Valley Lodge hosts this picnic. It is a beautiful drive to their camp. Bring lawn chairs for all day comfort and invite your friends. Child and adults will enjoy swimming. Delicious hamburgers, hotdogs, salad, chips and beverages for a modest price will be available. Zone 4 meeting will start at 12 noon. **Directions to Elvedal, Saugerties, NY:** New York Thruway north to Exit 20, after paying toll, turn left onto Rt. 212 (west). Drive for approximately 1.5 miles to Fish Creek Road. Make a left onto Fish Creek Rd., go about ¾ mile. After crossing a small bridge you will come to Patch Road on the left side. Bear left onto Patch Rd. until you see a small sign "Elvedal" on the left. Take the gravel road to the parking lot.

### Sat. Aug. 13 Scottish Games

Oslo Lodge members in Viking attire are a surprise addition on the Scottish clan row in Long Branch Park in Liverpool.

Join the fun and festivities. Be a part of the Viking invasion.

Please contact Lorraine or Karin for specially priced tickets for adults, seniors and kids.



### Traditional Viking clothing



In late June, early July we're getting together to put together our Viking costumes. Please join us. Email Karin

[editor@oslolodge.org](mailto:editor@oslolodge.org)

### Around Zone 4

Bjarne Livollen, passed away Sunday May 29<sup>th</sup>. Last August, nine Oslo Lodge members joined Hudson Valley Lodge at LOV when Bjarne was honored at dinner (see below). His family will bring his ashes back to Norway, but they are also planning a memorial dinner at LOV, date to be determined. Arnie Johnsen, current Land of the Vikings Board member said, "Bjarne left quite a legacy and will be sorely missed. He will live on to be a topic of conversation for many years, every time we see the Viking Ship bar." An excerpt from September 2010 Oslo Lodge newsletter "the highlight was Saturday evening when Arnie Johnson, 2006-2010 Zone 4 Director presented the Third District Leif Erikson Award to Bjarne Livollen, HVL member. Bjarne, 95, crafted the awesome LOV Viking Ship Bar. Yet we heard even more interesting history about him as a young man in Nazi occupied Norway. In Arendal, as in all Norway, guns were confiscated. There was little to eat and without guns, there was no hunting. So he made a firearm using pipes. He showed it to two friends, who then did the same. These three, with concealed firearms, boarded a Nazi controlled train, traveled to the mountain forests to hunt, and brought back meat to feed their families and friends. They did this as often as possible to provide needed food. Similarly, all radios were confiscated yet Bjarne knew where the radios were stored, so he and two others broke in and took one radio, with which they heard the news from the outside world. It was delightful to hear the recounting of these stories and then to learn this unassuming man lived them." <http://seamonwilsey.funeralplan2.com/obituaries/bjarne-livollen.aspx>

### LOV Lobster Fest June 4<sup>th</sup> 1:30

Hope you've made your dinner reservations. If not, place a call immediately to **LOV Managers** Bev & Rick Budrick at **570-461-3500**. Don't delay!



### Volunteers Needed - 3D Youth Camp at LOV

**1<sup>st</sup> week - July 3-9; 2<sup>nd</sup> week July 10-16**

**Hardanger Teacher:** for either or both weeks

**Wood carver Teacher:** 1<sup>st</sup> week

**Language Teacher:** 1<sup>st</sup> week

**Nurse:** for either or both weeks

Contact Evelyn Karpack at **973-627-5634** or [FARMORKAR@verizon.net](mailto:FARMORKAR@verizon.net) for information.



**The Vikings and the British Isles: 9th - 10th Century AD**

*(During this time period)* The coasts

of the British Isles are now dotted with monasteries, not yet rich by the standards of medieval monasticism but with sufficient wealth to attract Viking marauders. One of the most famous islands, Iona, is raided three times in a decade (in 795, 802 and 805). Even monasteries which seem secure, pleasantly sited on inland rivers, fall victim to Viking longships rowing upstream. But gradually, during the 9th century, the raiders settle.

Soon all the Scottish islands and the Isle of Man are in Viking hands, and the intruders are seizing territory on the mainland of both Britain and Ireland. In 838, Norwegians capture Dublin and establish a Norse kingdom.

At this time the territory securely in the hands of the Scots and Picts extends only from the great rift of Loch Ness down to the firths of Clyde and Forth. North of this central region, the Hebrides, Orkneys and Shetlands, together with much of the mainland, are in the hands of Vikings from Norway. In the southwest the border region of Strathclyde is often under threat from the Norwegian Vikings of Dublin. In the southeast Lothian is another border region. Until recently part of the Anglo-Saxon kingdom of Northumbria, it is exposed to the Danish Vikings, whose capital city is York.

But at least by now, in the mid-9th century, there is a recognizable Scottish kingdom. Taken from: <http://www.historyworld.net/wrldhis/PlainTextHistories.asp?historyid=ac69#ixzz1N8MbmVx2>

**Scientists discover why Vikings vanished**

The famed tribe of warriors disappeared from Greenland more than 600 years. AP Photo: John McConnico



**Greenland cold snap linked to Viking disappearance**

Oslo-Reuters May 30, 2011

A cold snap in Greenland in the 12th Century may help explain why Viking settlers vanished from the island. The report, reconstructed temperatures by examining lake sediment cores in west Greenland dating back 5,600 years. "Climate played a big role in Vikings' disappearance from Greenland," Brown University scientist said in a statement of a finding that average temperatures plunged 4 degrees Celsius (7F) in 80 years from about 1100. Such a shift is roughly the equivalent of the current average temperatures in Edinburgh tumbling to match those in Reykjavik. It would be a huge set-back to crop and livestock production. "There is a definite cooling trend in the region right before the Norse disappear," said William D'Andrea of Brown University, the lead author of the study.

Scientists have previously suspected a cooling toward a "Little Ice Age" from the 1400s gradually shortened growing seasons and added to sea ice hampering sailing links with Iceland/Nordic nations. The study added the previously unknown 12th century temperature plunge as a possible trigger for the colonies' demise. Vikings arrived in Greenland in the 980s, during a warm period like the present. "You have an interval when the summers are long and balmy, you build up the size of your farm, and then suddenly year after year, you go into this cooling trend: summers get shorter and colder. You can't make as much hay," D'Andrea said.

Scientists fear 21st century warming is caused by climate change, stoked by a build-up of greenhouse gases from human activities. An acceleration of warming could cause a meltdown of the Greenland ice sheet, raising world sea levels. Excerpts from: [http://news.yahoo.com/s/nm/20110530/sc\\_nm/us\\_climate\\_greenland](http://news.yahoo.com/s/nm/20110530/sc_nm/us_climate_greenland) Read the whole story via this link.

**Scotland: Beauty & History!**

**Ardnamurchan** (peninsula) in Lochaber, Highland, noted for being very unspoiled and undisturbed. Tradition has it there have been at least two battles in the bays...one involved the Vikings. Relics of a Viking ship burial in Cul na Croise have been given to the W.Highland Museum at Ft William. <http://en.wikipedia.org/wiki/Ardnamurchan>

**Shetland was colonized by** Norsemen in the late 8th & 9th centuries, the fate of the existing indigenous population being uncertain. Shetlanders have almost identical proportions of Scandinavian matrilineal and patrilineal ancestry, suggesting that the islands were settled by both men and women in equal measure. Check it out at: [http://en.wikipedia.org/wiki/Shetland,\\_Scotland](http://en.wikipedia.org/wiki/Shetland,_Scotland)

"*Shetlanders* today are still proud of their Viking heritage, celebrating it annually at the festival of Up-Helly-Aa with a dramatic burning of a replica Viking ship by *guizers* costumed as Norse warriors and song:

**"Grand old Vikings ruled upon ocean vast**

**Their brave battle-songs still thunder on the blast;**

**Their wild war-cry comes a-ringing from the past;**

**We answer it "A-oi!"**

**Roll their glory down the ages,**

**Sons of warriors and sages,**

**Where the fight for freedom rages,**

**Be bold and strong as they!"**

<http://www.vikinganswerlady.com/scotland.shtml>

The **Orkney and Shetland archipelagos** were among the smallest regions settled by Norwegians during the Viking Expansion (c. A.D. 800-1100). However, many years of multidisciplinary research reveal these northernmost British Isles played significant roles in the politics and economies of the Viking World of the North Atlantic and North Sea. From their earliest settlements by Neolithic agriculturalists in the fourth millennium B.C., the "**Northern Isles of Scotland**", as Orkney and Shetland are known collectively, served as the northwestern frontier of the Eurasian landmass, and any westward movements of people, ideas, domestic plants and animals stopped there. When the islands were settled by the Norse, their peripheral status was transformed as they became the first stepping stones in an epic migration that ended in North America. Then Orkney and Shetland became the gateway to the North Atlantic and a crossroads between Britain and Scandinavia.

To better understand the first Viking contacts with Orkney and Shetland and the eventual Norse settlement of the islands, it is necessary to examine the larger geographical contexts of archipelagos. First, Shetland is the part of Britain which is geographically closest to Norway; as such it was a logical first landfall for Norwegian Vikings who sailed south to British and Irish locations. Thus, Shetland and nearby Orkney were likely staging points for Viking raids in the ninth and tenth centuries A.D., when these attacks were most frequent. Second, although some archaeological evidence suggests that the islands were settled by people from northern Norway, broader sources point to the west coast of Norway as the home of most of the Viking colonists. The Northern Isles have a gentle landscape compared with much of Norway's mountainous west coast, with relatively richer resources for raising crops and herding domestic animals. However, like the west of Norway, the coastlines of the islands are quite indented, providing residents easy access from the shore to the deep sea. From a Norwegian perspective, Orkney and Shetland would have been desirable lands for practicing the familiar mix of farming and maritime resource exploitation found in most Viking settlement regions. Adapted from: <http://mitchtemparch.blogspot.com/2009/01/viking-settlements-in-orkney-and.html>

**Why not visit Norway?****More chances to tour Norway free!**

Get your raffle tickets for a cruise on the Hurtigruten along the beautiful Norwegian coastline from Bergen to Kirkenes. Two winners will be drawn in July at LOV, with each one winning a cabin for 2. Benefits Third District. See Bjorn Solli or Karin McCadam.

**Short Video of Great Scenes**

Video suggests sites to see in Norway.  
<http://www.wideroe.no/explorenorway/video>

Check out the summer sale for unlimited domestic flights in Norway:  
<http://www.wideroe.no/explorenorway>



Painting: Theodor Kittelsen

**Nordic musical mood** Want to get in the mood for a Norgestur (trip to Norway)? Listen to fun renditions of Norsk folk songs via Youtube links.

**Pål sine høner**

<http://www.youtube.com/watch?v=FM2PZ7Z74hl&feature=related>

**Pål sine høner (Arve Moen Bergset)**

<http://www.youtube.com/watch?v=K4fs8b4dU5l&feature=related>

**Kjerringa med staven**

<http://www.youtube.com/watch?v=L1yzyFod3U&feature=related>

**Kjerringa med Staven**

<http://www.youtube.com/watch?v=l-VMQb4PJIA&feature=related>

**Kjerringa med staven - Trønderkor**

<http://www.youtube.com/watch?v=4GacvX6xuN0&feature=related>

**Kjerringa med staven (little ones sing)**

<http://www.youtube.com/watch?v=7PWSTfRIQew&feature=related>

**Jeg gikk meg over sjø og land**

[http://www.youtube.com/watch?v=hqXPvHWUu\\_Y&feature=related](http://www.youtube.com/watch?v=hqXPvHWUu_Y&feature=related)

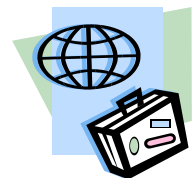
**Norway's Fjords-World's Top Rated Destination****Sights from an airplane: Norwegian Fjords**

Norway's extensive coastline, facing the North Atlantic Ocean and the Barents Sea, is home to its famous fjords. From the air, you can easily see these long, crinkly, narrow inlets that were carved by glaciers during the last ice age. According to National Geographic magazine, Norwegian fjords are the world's top tourist attraction.  
<http://www.bing.com/travel/content/search?q=Sights+From+an+Airplane%3a+Norwegian+Fjords&FORM=RQTRAV>

**Norwegian Experience 2011**

Sons of Norway has partnered with Borton Overseas to offer one lucky recruiter and their guest an amazing travel experience. All year, every Sons of Norway member who recruits a new, dues-paying member will be entered into the 2011 Norwegian Experience Recruitment Contest.

The trip includes airfare, meals, travel opportunities and accommodations! Imagine a 10 day land-tour of Norway with some of the most beautiful scenery in Scandinavia! And the winner chooses their own adventure! Whether you prefer an active trip of sight-seeing and touring, or a more laid-back vacation, it's up to you! To enter this year's Norwegian Experience Recruitment Contest recruit one new, dues-paying member with your name listed in the "Referred By" field on the application. Entries are valid on new members recruited Jan. 1 – Dec. 31, 2011. Enter often.





This is the second time I have written to you from Norway but the first from Bergen. I have attended a lot of Syttende Mai parades but none like yesterday. Looking out of our hotel room window at 8am the streets were already full of bunad clad peoples going somewhere. At 10 am we had found a place along the street and started people watching while the parade formed up in front of us. At 10:30 the streets were lined up 8 deep on both sides of the street and the cannons started blasting signaling the beginning of the 2 hour parade. It was a great parade. We actually saw two people we knew but we were so surprised that they were gone before we could yell to them. After the parade we had lunch about one of Norway's "tall ships", the Statraad Lehmkuhl. This is a ship that annually calls on Norfolk, so we did know a few folks onboard including the Captain who was kind enough to have us as his guests.

The evening was topped off with a visit to one of the NATO couples we had met during their tour in Norfolk. The rommegrout, fenalor, aquavit, Hansa ol and great company as we sat high on a mountain overlooking the city was a great finish to the day and a great start on our trip.

I want to thank all the lodges that completed and forwarded their Lodge Achievement Forms. Not only is it important each lodge be recognized for their work but the information collected is very important to the SON in maintaining our tax position with the government. I hope we can have more lodges complete the form next year and if for some reason you don't

want to give recognition to your lodge at least fill out the first section of the form as that information is used to help justify our tax status.

One thing that is very important to each of us and to the order is our insurance business. While we have shown some growth in past years we need to expand the number of members holding certificates. Not only is it good for our member's individual financial futures but each lodge receives a financial return based on insurance participation. This year my lodge got a significant check. We need to make sure our Financial Benefit Counselors get to our lodges and get the information out on the various products we have available and those products coming.

We (D3 and the entire order) are having significant problems with our membership. Our numbers, both in recruitment and in retention, are significantly below last year's numbers which were not good. We do have some lodges that are doing well so we know it is not impossible. We need to talk to those members who are not regularly in attendance, call those who are about to be removed from our rolls or have recently been removed, increase our recruiting efforts and keep those members in the order who are thinking of leaving. If we each brought in just one member next month it would be phenomenal and it is not that hard to do. **I am going to sign up at least one new member in June and I challenge you to do the same.** If each of us do this we will not only slow the runaway train down but we will turn it around. Let's do it. We may have to sign up a family member(I am) to meet this goal but that is fine. Perhaps I will find a new member while heading North on the Hurtigruten. Your new greeting to another D3 member in June should be something like this, "how many new members did you sign up this month"? Just one new member from each of us and we will shortly be in tall cotton! Have a great summer.  
Fraternally,  
Ralph Peterson, President  
District Three Sons of Norway





Dear Brothers and Sisters,

The Charitable Trust is celebrating its 40th Anniversary this year! For almost 40 years, the Charitable Trust has provided modest support to your fellow Third District members, support which is critical to their physical social and psychological well-being. Over the years, hundreds of checks have been sent to your fraternal brothers and sisters to get them over a rough spot - because of your generosity and the generosity of your fellow members.

There is no need to tell you that providing mutual assistance was the primary purpose of the original founders of the Sons of Norway. The Charitable Trust and its beneficiaries depend on your generosity.

Can we count on your support this year to continue this worthwhile effort? Please send your contribution to the address below and include an email address if you have one. We want to make sure that your contributions are put to the fullest use possible. Providing an email address will save postage for next year's fund raiser.

Med vennlig hilsen,  
Mary B. Andersen, 3D Counselor

P.S. Remember, no contribution is too small.



Sons of Norway, Third District  
1729 York Rd., Suite 210  
Lutherville, MD 21093

The Charitable Trust is a 501 (c)(3) not for profit private foundation. As such, donations are generally tax deductible. We recommend that you contact your tax advisor as it relates to your own particular situation.



Do you know about Fraternal Funds? Well here is what they are and how to get them. Fraternal Funds, as per our Charter and Constitution: "Each District will receive from the International Lodge District Fraternal Program Funds to support cultural, youth, and sports related program and leadership seminars."

Our District distributes Fraternal Funds to lodges which request funds for non-profit activities. To obtain these funds, use the District Fraternal Fund form (found on the website). Send receipts and a brief description of the event and return them to the District Secretary. The Executive Board will review the request. If the event qualifies (it must be NON PROFIT) some monies will be sent to help defray the expense for the event. The funds are used for events during the period of January 1st through Dec. 31st. Examples: floats for parades, buses used to go to cultural events, cultural performance, or for a speaker who comes to the lodge.

Please utilize these Funds! Your lodge could use these funds to help off-set expenses for cultural events! Culture keeps members interested in Sons of Norway. Members want to learn about their heritage. Tap into the resources available at the International Sons of Norway Website. Log-in to the website and enjoy the skits, films, music and articles about Norway.

This Fall I would like to try a new idea involving all the lodges in the District. I hope to see everyone participate: information will be coming to your lodges in June!

Have a great summer. Enjoy the weather and visit some other lodge or zone over the summer... most have picnics or special events. Also, don't forget all the great happenings at LOV.

Alt for denne gangen,  
Gail

**Increase membership in your lodge:**

**Remember:**

- 2 A's Ask & Advertise - to get a member.
- 2 M's Mentor & Mingle - to keep a member.

**Bunad Exchange**



Do you have a bunad or festdrakt packed away in a box or hanging in a closet? Please consider loaning it or selling it outright to someone in Oslo Lodge or one of our other upstate lodges. We are looking for boys' and girls' bunads as well as adult sized bunads. Please send information to

[editor@oslolodge.org](mailto:editor@oslolodge.org)

**\*\*\*\*\* Breaking News \*\*\*\*\***

**Onondaga County in top 10 in US for something other than snowfall!**



Photo: Getty Images

**America's Best Affordable Places 2011** by Venessa Wong and Jennifer Prince, Bloomberg Businessweek May 27, 2011

**No. 6: Onondaga County, New York** Population: 455,912. Median family income: \$65,458. Households spending more than 30 percent income on housing: 26.4 percent. Unemployment: 8.2 percent. Adult population with bachelor's degrees: 31.5 percent. With a cost of living about 18 percent below the U.S. average, according to Sperling's BestPlaces, University Health System and Syracuse University are among the area's major employers, according to the county website.

Read the complete article at: <http://realestate.yahoo.com/promo/americas-best-affordable-places-2011.html>

**ADVERTISEMENTS**

*Land of the Vikings*

**Sons of Norway Third District Cultural & Recreational Center**

**Sherman, Pennsylvania**

**Phone: 570-461-3500**

**Fax: 570-461-7500**

**Email: [vikingland@tds.net](mailto:vikingland@tds.net)**

**Beverly & Rick Budrick, managers**

*Nordic Art*

Original Art & Prints

Milton Norman Franson



Prints of Viking Ship available from artist

127 Sagamore Dr. S.

Liverpool, NY 13090

315.622.7211

[mfransonart@yahoo.com](mailto:mfransonart@yahoo.com)

**For your skin care, cosmetic, nutritional needs, contact Karin at [HealthHopeBeauty@yahoo.com](mailto:HealthHopeBeauty@yahoo.com)**

Karin McCadam  
 NATIONALLY CERTIFIED IMAGE CONSULTANT  
 SKIN CARE SPECIALIST  
 Skin analysis • Professional Products  
[HealthHopeBeauty@yahoo.com](mailto:HealthHopeBeauty@yahoo.com)

**Contact Sverre Aasgaarden Financial Benefits**  
[aasgaarden@cs.com](mailto:aasgaarden@cs.com)  
**1-800-314-2955**

Allow me, Thor, to offer tips and suggestions as you navigate your way through this sea of Financial Products!

