

Circulation to a few brave Nordic folks and those who are not afraid of them!



New York - The Empire State

Oslo Lodge in the heart of Central New York



**Sons of Norway Third District  
Oslo Lodge 3-438**

- \*\* 2009 Small Lodge of the Year \*\***
- \*\* 2007 Small Lodge of the Year \*\***

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Oslo Lodge meets: Northminster  
Presbyterian Church, 7444 Buckley  
Rd., N. Syracuse, NY 13212

Dear members and friends,

First, I would like to thank everybody that made it to our Valentine's dinner. We all had a very good meal in a nice restaurant.

It's time to start thinking about our March and April events. We have a very nice program for March so make sure you show up. As for April we are hoping many of you will join us and our students for our annual Zone 4 Scholarship Dinner at Land of the Viking. The dinner at the LOV will be our April Oslo Lodge get together.

There are a few scholarship raffle books left so please see me at our March meeting. The very last chance to buy raffle tickets will be at the Zone 4 Scholarship dinner of April 16<sup>th</sup>. See you in March.

Bjorn Solli, President  
Oslo Lodge 3-438

**And, to all our Irish friends  
and members, we wish you  
a Happy St. Patrick's Day**



**Editor's Note** We hope you enjoy this edition of Oslo Times with a focus on the Viking – Irish history & connections. Also, please accept this friendly reminder: if you have appropriate news to share, then please email me by the 15th of the month to give me time to include in the next month's newsletter. Thank you!

March 20<sup>th</sup>

Max Manus, 1914 - 1996 was born to a Norwegian father and a Danish mother in Bergen, Norway. His father's name was originally Johan Magnussen, but he changed his surname to Manus after living in Spain.

After fighting as a volunteer for Finland in the Soviet-Finnish Winter War of 1939–1940, he returned to Norway on the day of the German invasion of Norway, 9 April 1940.

He was a pioneer of the Norwegian resistance movement and is remembered for being one of the most brilliant saboteurs during World War II.

Manus was arrested by the Gestapo in 1941. With the help of Norwegian doctors and nurses, he was able to feign critical injuries and then when strong enough he made a daring escape and circuitous journey and finally made it to the United Kingdom. Then he returned to Norway to work for the Norwegian Independent Company 1, better known as *Lingekompaniet*. He became a specialist in ship sabotage and used Limpet mines to sink ships important to the German Kriegsmarine. Max Manus ended the war as a First Lieutenant (Løytnant).

He was awarded Norway's highest decoration for military gallantry, the War Cross with sword. He was awarded this decoration twice: the War Cross with two swords. In addition to his Norwegian decorations, Manus received the British Military Cross and Bar.

After the war he wrote several books about his adventures and started the successful office supply company *Max Manus AS*. In his final years, Manus and his wife "Tikken" lived in Spain. He is buried in Bærum, Norway.

2011 Calendar

**March 3-6 Third District Board meets at LOV.** Look for more great things from the Third District.

**March 20<sup>th</sup> 2:00 pm Norwegian Resistance.** Come celebrate heroism. Watch MAX MANUS. Hear family stories of survival in occupied Norway. Bring canned goods for Food Bank. **Conference Room** near Sanctuary at Northminster Presbyterian Church, 7444 Buckley Rd., N. Syracuse, NY 13212.



**March 20 - 26, and, March 27<sup>th</sup>- April 2** **LOV Rosemaling** with Eldrid Arntzen. Call Bev at **LOV**: 570-461-3500.


**Mar. 26 Færder Lodge, Brooklyn** celebrates its centennial with Gala Dinner-Dance. Details in Feb. newsletter at [www.oslolodge.org](http://www.oslolodge.org).

**LOV: Sat. April 16<sup>th</sup> Zone 4 Scholarship Dinner Oslo Lodge April event at Land of the Vikings** for a fun day & great dinner. Bring the kids Meet the Scholarship winners! More details on page 4.



**April 24<sup>th</sup> "God Paske - Happy Easter"**

**Sat. April 30<sup>th</sup> Zone 4 Memorial Service** Norrøna is hosting. Details will follow.

**Sat. May 14<sup>th</sup> Save the Date.** Celebrate **May 17<sup>th</sup> at Land of the Vikings** with a village-like parade & lunch. Full details in April. 


**Sunday May 15<sup>th</sup> "May 17<sup>th</sup> Parade" Brooklyn.** "Honoring Roald Amundsen". Parade begins at 1:30 p.m., rain or shine. Details at March meeting.



**May 17<sup>th</sup> Norwegian Constitution Day** Hurra! Hurra! Hurra! Hurra! Hurra!

**May 20-22 - LOV 5th Annual John Karlsen Memorial Golf Tournament.**



**LOV Lobsterfest June 4<sup>th</sup>** Choose lobster, steak or chicken. Hot dogs/hamburgs for kids. For dinner & LOV lodging reservations call: 570-461-3500. 

**June 18<sup>th</sup> – Oslo Lodge Sankt Hans picnic**

**OSLO LODGE March Birthdays**



- 4<sup>th</sup> Brenden McCadam
- 6<sup>th</sup> Lisa Barbuto
- 17<sup>th</sup> Harold Rodman
- 25<sup>th</sup> Cheryl Haynes
- 29<sup>th</sup> Jenny Hammond

**Members on the Mend.** Know of someone ill or need of cheer? Then email Marsha Roseen at secretary@oslolodge.org



**Social Corner, Lorraine Bentley**



When signing in at Oslo Lodge, please donate \$2 towards the cost of beverages, and the use of the church fellowship hall.



**Breaking the Ice!**

Members enjoy chatting with old friends when meeting at the lodge, however, this may make new members or infrequent attendees feel left out. Here are a few ideas to encourage members to mingle:

- Interview new members as a way of introducing them to the lodge.
- Interview a couple of lodge members at every meeting, on a rotating basis, to reintroduce them to their fellow members.
- Ask a question of the group, like “what is the oddest or funniest thing that happened to you this week or this month?” or “what is the most unusual recruitment situation that you have encountered?” and have a few people share their answers.
- Have members raise their hands to a few non-embarrassing questions like “Have you ever” or “Do you have” (for example, have you ever: sung karaoke; ridden a horse; swam in a fjord; eaten frog legs).

From the January Viking Resource

**OSLO LODGE CULTURE CORNER**

You can earn a cultural skills medal in cooking. There is great information on the Cultural Skills Program on the Sons of



Norway International website. If you have not looked at it lately, then here is a link to the Norwegian Cooking module. So check it out at:

[http://www.sofn.com/members/PDF/Cultural%20Skills/CS1\\_10.pdf](http://www.sofn.com/members/PDF/Cultural%20Skills/CS1_10.pdf) If you would like to learn more, then please email me at [editor@oslolodge.org](mailto:editor@oslolodge.org). We can do an afternoon of group cooking! If cooking is not your interest, then how about one of the many other Cultural Skills medals? Interested in Norwegian and American/Norwegian literature? Then let's get started with a book club as well. See: [http://www.sofn.com/members/PDF/Cultural%20Skills/CS2\\_04.pdf](http://www.sofn.com/members/PDF/Cultural%20Skills/CS2_04.pdf) Karin McCadam, Cultural Director.

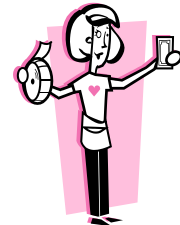
**Norwegian Language Lessons begin March 5<sup>th</sup>**

and it is not too late to join! This wonderful class meets every other Saturday for 6 lessons. Minor fee of \$15 to cover costs and cafe. For more details email [editor@oslolodge.org](mailto:editor@oslolodge.org).



**The Zone 4 Scholarship Program.**

The sale of raffle tickets helps us award 7 \$500 scholarships. See President Bjorn Solli to purchase. Prizes: 3<sup>rd</sup> prize, \$100; 2<sup>nd</sup> prize, \$200; and Grand Prize, Land of the Vikings (LOV) weekend for two!



**Sons of Norway Sports Medal** can be earned



simply by recording your swimming, walking, running, etc. Last year three Oslo Lodge members were awarded Sports Medals! How about you? Come learn more about it. **It is also not too late to enter to Bowl for the Third District Bowling Trophy.**

**Remember T U B F R I M**

Bring cancelled stamps to Oslo Lodge and help Norwegian children and adults with multiple disabilities to have an improved quality of life.



Oslo Lodge Mission Statement

“The mission of Oslo Lodge, Sons of Norway 3-438, is to promote and preserve the heritage and culture of Norway and other Nordic Countries.”

MEMBERS & FRIENDS

**Oslo Lodge** has great people who gather together every month for the history, genealogy, cooking, and many other opportunities to share Nordic culture! Come and you can meet others and speak either Norsk, Svensk eller Dansk. So come be a **part of the in-crowd!**



**The goal of Oslo Lodge** is to preserve the wonderful NORDIC heritage we share while maintaining our unique cultural identities. Whether Swedish, Danish, Finnish, Icelandic or Norwegian, all contribute to the fabric of Oslo Lodge. You need not have Nordic heritage to belong, just an interest in Nordic culture! Activities are geared for all ages and children are always welcome. Whatever your age, we hope you will always feel you are with family when at Oslo Lodge!

Preferred Oslo Lodge Membership



Participate fully in Nordic culture and history by being active in Oslo Lodge. And thank you for maintaining your annual membership. We're glad you're a part.

SPRING FOCUS: Heroes & Heroines Theme

In April 2010 we had a program on Norwegian Royalty and Norwegian commoners, with special guests Third District President Ralph Petersen and his wife Anne-Grete along with then Zone 4 Director Arnie Johnsen and his wife Ragnhild. The children made a great dessert and we all had fun!

This spring our theme is heroism. In February we learned about Prillar Guri and her role in Norwegian history. A beautiful tapestry of Prillar Guri was won by Karin Calenzo.



On March 20<sup>th</sup> we'll discover more about the Norwegian Resistance and the Nazi occupation of Norway with the film Max Manus (English subtitles). We'll share personal stories of family survival. Then in April we have our Zone 4 Scholarship Dinner at LOV with a surprise at that event. So, don't miss out on any of it!

Zone Scholarship Dinner at Land of the Vikings



April 16<sup>th</sup> will be a wonderful day. Bring children and grandchildren and let us celebrate the scholarship of our Zone 4 youth. There are afternoon activities, a delicious dinner and a fun evening planned (annual Viking auction, page 10.)

**Why not extend the fun by staying the night?** Dinner price: adults, \$25; children 12 & under, \$12; under 6, free. Price includes tax and gratuities. Please make checks to **Zone 4** & give to Karin McCadam who'll forward to Solveig Hellstrom, Dinner Chair.

- 5:00 pm Tasty Appetizers in Viking Ship Bar
- 6:00 pm Dinner, Presentations & Auction

Land of the Vikings: A Viking experience!

Where can you go for great weekend? Land of the Vikings, of course! Relax by a fire, hike in the woods, fish or cross-country ski or participate in cultural classes. Please call for info & reservations:



Bev & Rick Budrick, **Managers**, 570-461-3500, 457 Big Valley Road, Susquehanna, PA 18847.

**Norwegian Experience 2011****Recruit to Win!**

Oslo. Bergen. Coastal Norway. Holmenkollen. The Flåm Railway. Hadeland Glassverks. All this and more is in store for a lucky member if they recruit to win in 2011!

This year, every time a member recruits a new, dues-paying member they are entered into the 2011 Norwegian Experience Recruitment Contest, courtesy of Borton Overseas and Sons of Norway. The prize, to be awarded January 2012, is a free trip of a lifetime to Norway for the winner and one guest. Airfare, meals, exclusive travel opportunities and upscale accommodations are all included.

Imagine taking a 10 day land-tour of Norway and enjoying some of the most beautiful scenery that Scandinavia has to offer. The best part is that the winner gets to choose their own adventure! Whether an active trip full of sight-seeing and touring is preferred, or a more laid-back vacation, it's up to the lucky winner to decide!



To enter this year's Norwegian Experience Recruitment Contest all members have to do is recruit one new, dues-paying member and make sure the recruiter's name or member number is listed in the "Referred By" field. It's as easy as that! New members recruited between January 1 and December 31, 2011 qualify the current member for the contest. Also, remember that a recruiter will be entered for each new member recruited throughout the year. Recruiting multiple new members means multiple entries and a greater chance of winning.

Contact Erik Evans at (800) 945-8851 ext. 623 or at [eevans@sofn.com](mailto:eevans@sofn.com)

**VIKINGS IN IRISH FOLKLORE**

In Irish folklore Norsemen or Vikings are generally called "Danes". They are described as fierce warriors, ravaging the countryside, destroying churches and seizing boys and girls as slaves. It is claimed that the Danes imposed a tax of "an ounce of silver per nose" per year. Those who refused to pay the tax had their noses cut off. The raths or earthen forts which dot the Irish landscape are sometimes regarded as having been built by the Danes.



Late mediaeval Irish stories have native Irish warriors. The Fianna under their leader Fionn, engaging in battle with invading armies from Norway who often use magical powers but are always defeated in the end. These stories include Fionn Goes To Norway, The Hostel of the Elder Trees and The King of Norway.

One legend tells how after the battle of Clontarf only two Danes, a father and son, were left in Ireland. They were the only two people who knew the secret method which the Vikings had of making beer from heather. The old man was threatened with torture to make him reveal the secret. He agreed but asked that his son be first put to death so that he would not see his father submit. This was done but the father then refused and died under torture rather than reveal the precious secret.

Read more: <http://www.ncte.ie/viking/folk.htm>

**An Old Irish Blessing**

May the road rise up to meet you.  
May the wind always be at your back.  
May the sun shine warm upon your face,  
and rains fall soft upon your fields.  
And until we meet again,  
May God hold you in the palm of His hand

**Ola & Lena's Version**

May da ruts always fit da wheels in  
your pick-up.  
May your earmuffs always keep out da  
nort vind.  
May da sunshine varm your lefse.  
May da rainfall soften your lutefisk.  
And until ve meet again,  
May da Good Lord protect ya from any  
and all unnecessary uff-das.

**Slainte! Ireland's Viking Heritage**

Edythe Preet looks at the legacy of the Vikings in Ireland, including influences that linger in Irish winter holiday celebrations.

By Edythe Preet [Irish America Magazine](#)

Published Monday, November 29, 2010



The Sea Stallion, a nearly 1,000 year old Viking ship made out of Irish wood.

Photo by The Viking Ship Museum

One day while searching for I can't remember what in my foot-thick Webster's, which has been my word go-to since high school, I stumbled upon a most interesting linguistic factoid. Every single question word in the English language (who, what, where, when, which, and why, plus whose, whither, whence, whom and even how) has a Viking origin.

Picture this: a Viking raiding ship has just dropped anchor and hordes of bloodthirsty marauders have come ashore. They chase down one poor fellow and bombard him with questions. Who are you? What place is this? Where is your leader? When did he leave? Which way did he go? Why won't you tell us where the gold is? And the clincher: How many men are hiding in the forest?

It doesn't take much to imagine the scene, especially since Hollywood has done us the favor of putting it up on the big screen countless times. Huge, helmeted Viking warriors wreaking havoc on a sleepy pastoral setting provide spectacular action footage and big box office returns. However, it was not so entertaining a scenario some twelve hundred years ago in Ireland.

The first recorded raid occurred in 795AD when the church on Lambeg Island was plundered and burned. While the Vikings were pagans, their assaults were not religion based. At the time, there were no true towns in Ireland but rather scattered communities near monasteries that served as 'safe houses' for valuables, food, and cattle. This made those locations prime targets for Viking raids.

Why Ireland was singled out is not clear, but most historians agree her lush landscape proved an enticement the Norsemen could not ignore as their own territory lay in such a harsh climate zone that farming was an arduous business at best.

Another factor that played a huge part in the invasions was the Northerners seafaring knowledge. The Irish had not yet developed any shipbuilding skills, relying on coracles, small willow-framed one or two-man boats covered in animal hides, to ferry people and goods on the island's network of rivers and streams. The Viking longboat, on the other hand, was an amazing example of



advanced maritime technology for the time. It was durable enough to weather the worst storms of the North Atlantic, yet its slender design and minimal draft could easily

navigate inland rivers and land on shallow coastal beaches.

Initially, the Vikings were satisfied with seasonal lightning raids on their Southern neighbors. Men headed out to sea after their spring crops had been planted and returned home after a few months of pillaging to reap the meager autumn harvest, their boats heavy with plunder and slaves.

It wasn't long before Ireland's mild winters and verdant hills convinced the offshore interlopers it would be wise to emigrate there. In the 9th century, invasions began in earnest. The monastery of Armagh was sacked in 832AD, and Clonmacnoise in 837AD. At the time, Ireland was divided into numerous 'kingdoms' that no one ruled outright, and no unified force defended the territory. The Vikings continued raiding Ireland, pushing ever deeper inland, marrying local women, and making trade alliances with the various chieftains.

One of the earliest Viking settlements established at the mouth of the Liffey survived to

Slainte! Ireland's Viking Heritage

..... continued from previous page

become what is now modern Dublin. In 914AD, a fleet of ships established a base at Waterford, followed by a base at Cork. Somewhat later, an invasion up the Shannon laid the foundation for Limerick.

Archaeological digs at these towns and other sites around Ireland have shown that the Vikings assimilated almost seamlessly with Irish life. Like the island's inhabitants, the newcomers were farmers and herdsmen and ate a wide variety of native vegetables, greens, dairy, grain (oats), game, wild fowl, and beef. Unlike the Irish, who although they were island dwellers did not consume much fish, the Viking diet included copious amounts of seafood, much of which was preserved by salting. The invaders also blessed the Irish kitchen with a new dietary staple, chicken, which the long-ranging seafarers had discovered and quickly adopted in China where the birds had their origin.

For nearly two hundred years, the Vikings continued their pattern of invasion, settlement, and assimilation. Dublin developed into a wealthy trading center serving other Western European towns with slaves, commodities and shipbuilding skills.

Meanwhile the individual Irish kingdoms began banding together, uniting finally under a single High King of Ireland, the great chieftain Brian Boru. His attempts to make everyone swear allegiance to him failed in only one key quarter. Mael Morda, King of Leinster, had cut his own deal with the Viking King of Dublin. Unable to iron out their differences, the opposing forces met at the bloody Battle of Clontarf on April 3, 1014. Despite the fact that Brian Boru was killed, the unified Irish chiefs prevailed, tolling the

finale of major Viking influence on Ireland.

While researching this article, I decided to look for more linguistic Viking connections to Ireland. Up popped Waterford and Wexford. Both were built on inlets from the sea that still in Norse are called fjords. The city of Howth comes from hofuth, Old Norse for 'headlands': Skerries comes from skjcbý, meaning 'a rock.' Ulster, Leinster, and Munster all share the ending 'ster' which comes from Old Norse stathir, meaning 'a place.' Proving how pervasive and permanent the Vikings were on the Emerald Isle, even the word 'Ireland' is derived from Old Norse Iraland! For more info see: [www.archive.org/stream/scandinavianrela00wals/scandinavianrela00wals\\_djvu.txt](http://www.archive.org/stream/scandinavianrela00wals/scandinavianrela00wals_djvu.txt)

There were numerous other fascinating links, but the one that really flabbergasted me was my grandmother's name: MacCaffrey! It stems from the Norse family name 'Guthothr.' I'm guessing here, but it could be an amalgam of gut (good) and Thor (the Norse warrior god whose hammer shook the heavens with thunderclaps) as many names were based on Norse deities. One thing is certain. Viking genes are floating around somewhere in my DNA chanting what has morphed from the warrior's queries to the modern journalist's six-word mantra: Who? What? When? Where? Why? How? Sláinte! <http://www.irishcentral.com/IrishAmerica/Irelands-Viking-Heritage-110976559.html>

Cautionary note regarding Viking history in Ireland:

The effects of the Vikings should not be exaggerated. Viking raids were far from everyday occurrences, and in general life continued as normal. However, some

changes were needed. Ringfort dwellings for the commoners gave way to more easily-defended underground **souterrains**. And the monasteries developed **round towers** in which to hide when Vikings were on the prowl. Today, many intact round towers can still be seen. Finally, the famous **high crosses** - crosses carved from stone - were constructed in the Viking period.

[http://www.wesleyjohnston.com/users/ireland/past/pre\\_norman\\_history/summary3.htm](http://www.wesleyjohnston.com/users/ireland/past/pre_norman_history/summary3.htm)

**Food for Thought**

St. Patrick's Day is known for corned beef, green beer & parades, yet consider daily life in Ireland after St Patrick left his legacy. Centuries before Heileg Olav (Olav the Holy) brought Christianity to Norway, Vikings began raiding Ireland. What terror must have filled the hearts of the monks and the people! Was the prayer of St. Patrick on their lips (esp. "Christ in quiet, Christ in danger") as the Viking ships brought the feared warriors to their shores?

**Literary Corner**

**Book Review:** "Young Aidan is blessed. He is one of a small band of Irish monks chosen to accompany a magnificent hand-painted manuscript - what we now know as the Book of Kells - across the sea to **Byzantium**. There the gift will be presented to the emperor, who will then be predisposed to hear of the difficulties facing the Irish church. But before reaching landfall in Brittany, the monks' coracle is set upon by Viking raiders who capture Aidan and take him into slavery in their northern homeland. And the Book? It survives, of course, and Aidan is finally able to fulfill his quest. But a Viking raid on Byzantium, an expedition to the Holy Land, imprisonment in a desert prison-mine, wars at sea, and yet more adventures come before the monk's commission is discharged. Not merely a gripping yarn--and it certainly is that--this is also a novel about faith and the tests life plants in its way. Lawhead, author of the popular Pendragon cycle of fantasies, here makes a sure move into mainstream historical fiction."

Review by *Patricia Monaghan, Booklist Magazine*  
 This is a favorite book of mine. Perhaps you'll like it - please let me know. *Karin McCadam*



**Vikings in Ireland - for Kids.** Here is a great website for lesson plans for your children and grandchildren. Check it out at <http://www.ncte.ie/viking/less.htm>

**Viking ancestry explored on the Isle of Man by researchers.**

Now genealogists from the University of Leicester are using DNA tests to trace Manx ancestry back to the Viking era. Local men with popular Manx



surnames are being asked to give a DNA sample to help researchers explore the links between Y chromosomes, surnames and common ancestry. The investigation starts on Saturday, 19 February 2011 at the Manx Museum.

Allison Fox, Curator of Archaeology at Manx National Heritage, told BBC Isle of Man: "The Vikings have had a lasting impact on the island and we've still got Tynwald today."

**Norwegian ancestry**

"If it's possible to show that this influence has filtered down to the current generation, then it will be a very valuable piece of research." The research is part of a PhD degree project, which looks at the proportion of Manx inhabitants with Viking ancestry. Participants will be asked to fill out a questionnaire about their ancestry and give a DNA sample by brushing the inside of their cheek. The only criteria is that you are a male, whose father's father was born on the Isle of Man and that your surname is one of those listed. Viking's first took up settlement on the Isle of Man at the end of the 8th century.

The research team will analyze Y chromosomes which are linked with surnames and then estimate proportions of Norwegian ancestry in these samples. The results of the study will be available at the end of the study in 2013. Read more at [http://news.bbc.co.uk/local/isleofman/hi/people\\_and\\_places/newsid\\_9386000/9386448.stm](http://news.bbc.co.uk/local/isleofman/hi/people_and_places/newsid_9386000/9386448.stm)

This article submitted by Oslo Lodge member Janet Brown.



### Fra Presidenten Ralph Peterson



Well based on my bi-weekly conversations with my North Dakota based brother I want to thank the US Navy for moving me to a warmer climate and then based on my daily conversations with our New Jersey based daughters I want to thank Maersk Line Limited for moving us South to a warmer climate. All this coming from a guy who used to think it had to be below -20 F before you started to worry about the temperature.

I made a mistake in the last newsletter regarding our goal to reduce the number of members leaving voluntarily. When you count in the 999 and 000 groups correctly we reduced the number of dues paying members leaving voluntarily by almost 14% and that exceeded our goal. We still lost members overall but we are slowing down the loss and hope to move into the plus side in the near future.

#### 2011 District 3 Goals

- Reduce dues paying members leaving voluntarily by 10 %
- One member from each local lodge designated to be the District web site contributor
- Gain 75 new benefit members
- All lodges to make a contribution to the Charitable Trust

All gas drilling in the Delaware River Basin (LOV is in this area) has been put on hold until new regulations have been published and approved. As a result Hess who holds the gas lease

on our property declared "Force Majeure" on 1 December 2010 because they could not continue to explore or drill on the property. Hopefully this will be cleared up by June 2011. This does not affect any money because we got paid up front but it does extend the closing date of our lease. The time that passes from 12/1/2010 until the drilling ban is lifted will be added to our 7 year lease.

Our District web site <http://www.3dsofn.org/home.html> experienced a great month in January. We had over 220 visitors a day. We now have two local lodge newsletters posted <http://3dsofn.org/blog/?cat=20> and **encourage all the editors** to post their newsletters there as well. The Maine Nordmenn letter had interesting info about the Norwegian Biathlon team who recently competed in Maine.

Our rosemaling and wood carving course to be held at LOV with Vesterheim instructors is in the final stages of planning and we expect to announce the particulars when known. The classes should start 12 September but there may be some slippage to accommodate the instructor's schedules.

The Hurtigruten raffle tickets will be mailed to Lodge Presidents 19 March 2011. If you haven't read the last winner's story you need to do so. <http://3dsofn.org/blog/?p=268>

We are working with a travel agent in North Dakota to get hotel rooms for the 2011 Høst Fest. We will have 22 rooms available for D3 members. You will have to book the room arriving Tuesday 27 September and departing Sunday morning 2 October. When everything is firm we will post the particulars on our web site in the 3D news section. You will not be dealing with D3 but directly with the Travel Agent. It is virtually impossible to get a hotel room in Minot, ND anytime but really tough during this time period and that is why the District searched for a travel agent who could accommodate some of you.

Fraternally, Ralph Peterson





Vice President  
Gail Ekloff

**How to increase membership in Sons of Norway?**

**Remember:**

**2 A's - Ask & Advertise -  
to get a member.**

**2 M's - Mentor and Mingle -  
to keep a member.**

**April 16<sup>th</sup> Scholarship Dinner  
Viking Auction**

Hudson Valley Lodge is hosting the Viking auction and are willing to take any or all of the following, in new or good quality condition:

- Norwegian sweaters
- Norwegian mittens, hats
- Nordic jewelry, collectible pins
- New Candles or Spa Items
- Paintings, Art Prints, Postcards
- Baskets of Nordic foods (yes, new)
- Nordic chocolates (yes, new)
- Nordic decorations, pewter
- Nordic linens, collectibles

Or anything else you would love to receive or give as a gift.



Bring donations to LOV April 16<sup>th</sup>.

**ADVERTISEMENTS**

***Land of the Vikings***

Sons of Norway Third District  
Cultural & Recreational Center

Sherman, Pennsylvania

Phone: 570-461-3500

Fax: 570-461-7500

Email: [vikingland@tds.net](mailto:vikingland@tds.net)

Beverly & Rick Budrick, Managers

**For all your skin care, cosmetic,  
nutritional needs, contact Karin at  
[HealthHopeBeauty@yahoo.com](mailto:HealthHopeBeauty@yahoo.com)**

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