

Sons of Norway Lodge 3-438



Oslo Lodge Mission Statement

“The mission of Oslo Lodge, Sons of Norway 3-438, is to promote and preserve the heritage and culture of Norway and other Nordic Countries.”



New York - The Empire State

Oslo Lodge in the heart of Central New York

Sons of Norway Third District 2009 Small Lodge of the Year

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Fra Presidenten:

Dear members and friends,

After a near perfect summer it's time for the Oslo Lodge to continue our near perfect run of the last few years!!!

I went to the Zone 4 picnic at Elvedal hosted by Hudson Valley and as always had a good time. It's always nice to meet Sons of Norway members from the other lodges. Also I would like to thank the Nilsen family for their hospitality over that weekend. And, it was a wonderful weekend and going to the Yankees’ game on Sunday was great.

We also had a Zone 4 meeting at Elvedal and some good things are coming our way. And we had an Oslo Lodge Officers meeting in August. We have done a lot of work the last few years, but we are not done. We have put together a nice schedule of programs through June 2011, but we need everybody's participation to make it memorable.

Some of our Oslo Lodge members who are normally very active have medical issues in their family so it's important that we all help out. So hope that you will. Also we are looking for members to run for officers’ positions. Please let us know of your interest. All the positions are open for the November election.

Please everyone bring your children and grandchildren to our events, so they can learn about the Scandinavian culture. Hope to see you all on September 12th!

Bjorn Solli, President  
Oslo Lodge

Oslo Lodge meets: Northminster Church  
7444 Buckley Rd., N. Syracuse, NY 13212

Oslo Lodge 2010**September 6<sup>th</sup> – U. S. Labor Day!**

Please see Military Links listed on page 6.

**Sept. 12th Sunday 2:00 pm – Enjoy the Fishing Nordic Waterways,**a fun program presented by Pres. Bjorn Solli. Sample **delicious** smoked salmon, along with some sweet treats. Catch up with all your

friends. Sign up for the November Nordic cookie exchange. After refreshments and the program, there will be a time to entertain nominations for the 2011-2012 Lodge Officers. Meanwhile, the Viking Kids will work on their Sports Medals and also begin their Viking costumes!

**September ‘Guess who?’** Correctly guess the number of attendees at the September meeting who have been on a boat in a Norwegian Fjord or the number of attendees who will produce a photo they took of Norwegian fjord scenery. Winners get a prize. Join the fun at Northminster Presbyterian Church, 7444 Buckley Rd., N. Syracuse, NY 13212.

**Sunday October 17th OSLO Lodge membership Dinner returns!**

People dressed in their Nordic best, with friends and family as guests. The fragrant aroma of delicious Nordic food fills the air. Don't miss this event! PLEASE get your tickets as soon as possible (adults, \$15; children 6-12, \$5; under 6, free). There'll be the Viking Butikk items and you can pre-order your Nordic calendars and foods (delivered at the Juletefest). And. Remember to sign up for the November Nordic cookie exchange Invite your family and friends. Have invitations with you so you can invite non-members for free. More October 17<sup>th</sup> details on page 5.

**October 31<sup>st</sup> Zone 4 meeting at LOV – Come join us for lunch (\$10.33/person).**

**November 14<sup>th</sup> – Preparing for a Nordic Christmas.** Viking Butikk for your shopping pleasure. And join youth and adults in making Norwegian waffles. And, if you've signed-up in September and October, then you'll participate in the Nordic cookie exchange! Also the **2011 Zone 4 Scholarship Raffle Tickets** will be available. We are excited to provide this opportunity to our Unge Venner members and children and grandchildren of our members. It is via the sale of these raffle tickets that we are able to support this endeavor. The prizes are awesome: 3<sup>rd</sup> prize, \$100; 2<sup>nd</sup> prize, \$200; and Grand Prize is a Land of the Vikings (LOV) weekend for two! Please plan to support this Scholarship. *If you are opposed to raffles*, then please support the Scholarship Fund with a gift in honor or in memory of a loved one. Each donation is listed on the Scholarship Dinner Program.

**Dec 5 Oslo Lodge Juletefest is fun for kids, youth, adults! This event is NOT to be missed. Fun for ALL! More details in next newsletter.**

**Dec 6 Finland's Independence Day****Dec 10 Nobel Prizes awarded**2011 Dates

**Jan. 16 Oslo Lodge Installation Program.** Come support the newly elected Lodge Officers and extend the right hand of fellowship to new members. Newly elected Zone 4 Director, Karin McCadam, will preside assisted by others from Zone 4. Enjoy a delicious Potato Leek Soup & Bread & Cheese Lunch (\$5/person)

**February 13<sup>th</sup> Valentine's Party** – Come join the party. Join the 'sleigh' ride, skiing or snow-showing.

**Saturday April 16 is the Zone 4 Scholarship Dinner** Come to LOV to recognize the 2011 winners!

**May 2011 Zone 4 Memorial Service** hosted by Norrøna. Details will follow.

**OSLO LODGE NEWS****Land of the Vikings (LOV) Fun.**

August 7<sup>th</sup> **nine** Oslo Lodge members went to LOV for some great fun. Six of the Mosbo family went on the wonderful local

canoe trip with Hudson Valley Lodge. By the way, the Mosbos drive 3 hours to get to LOV. Makes us think of the saying, "When the dream is big enough the facts don't count." Sounds so Viking! Later the kids swam, searched the pond, and tie-dyed T-shirts. All enjoyed the bonfire and fireworks in the late evening.

However, some would say the highlight was Saturday evening when Arnie Johnson, 2006-2010 Zone 4 Director presented the Third District Leif Erickson Award to Bjarne Livollen Hudson Valley member. Bjarne, 95, crafted the awesome LOV Viking Ship Bar. Yet we heard even more interesting history about him as a young man in Nazi-occupied Norway. In Arendal, as in all Norway, guns were confiscated. There was little to eat and without guns, there was no hunting. So he made a firearm using pipes. He showed it to two friends, who then did the same. These three, with concealed firearms, boarded a Nazi controlled train, traveled to the mountain forests to hunt, and brought back meat to feed their families and friends. They did this as often as possible to provide needed food. Similarly, all radios were confiscated yet Bjarne knew where the radios were stored, so he and two others broke in and took one radio, with which they heard the news from the "outside world". It was delightful to hear the recounting of these stories and then to learn that this unassuming man lived them. **LOV post script:** LOV canoes are available to Sons of Norway members who stay at LOV. So, perhaps Oslo Lodge should plan a Friday overnight sometime soon and canoe on Saturday!

**Oslo Lodge Is Fun, and has Great People!**

Oslo Lodge has activities *every month* for the whole family - music, history, genealogy, cooking, and many opportunities to share and grow in everything Nordic! **Come and you can meet others and speak either Norsk, Svensk eller Dansk.** If you are excited by Nordic culture, then please join the fun at Oslo Lodge, which meets at Northminster Presbyterian Church, 7444 Buckley Rd., N. Syracuse, NY 13212

**OSLO Vikings – Youth Club**

Our Youth Director, Sarah Barbuto, is open to having other parents join in the fun! Come help decide some of the activities, such as horse-back lesson, snowshoeing, cross-country skiing, and a downhill ski lesson at Song Mountain. What are some of your ideas? Are you willing to lend a hand and join the fun? Please email Sarah at [youth@oslolodge.org](mailto:youth@oslolodge.org)

**Refreshments at Oslo Lodge****News from the Social Director, Lorraine Bentley**

We have great refreshments at Oslo Lodge - perhaps a little too much (if you take a good look at some of us). In the interest of health, we will offer lower fat and lower sugar alternatives. (Yes, there will always be some sweets, do not worry!) Here are some




ideas and you may have your own ideas: fruit salad; veggies & dip; low-fat crackers with low-sugar fruit spread; crackers & cheese; and, pretzels and baked potato chips. It is up to each member to make their choices from the refreshments that are served. This might help us all to be in better position to partake of Nordic goodies come holiday time! **Refreshment Sign-up:** month after month many of the same members bring refreshments, yet we want to make it easier for everyone to participate. There'll be a sign-up sheet at the September meeting. **Let your inner chef shine!**




**Members on the Mend.** A few Oslo Lodge members have been on the mend this summer, including Mike McCadam (heart attack). If you know of someone who has a need, then please email Marsha Roseen at [secretary@oslolodge.org](mailto:secretary@oslolodge.org)

### Viking Butikk



The Viking Butikk returns October for your shopping convenience. Please pre-pay and pre-order your Norwegian or Swedish calenders. Find those uniquely Nordic items for your holiday and gift giving. Order your Nordic holiday foods. Don't forget to make your checks out to Oslo Lodge!

### Nordic Marked (Market)



This is new venture and we hope it will be mutually beneficial for members. Nordic Marked is for new or gently used Nordic sweaters and clothing (children/adults). It is a great place for jewelry, or other gift or household items. Nothing larger than a bread box – or if so, bring a photo of it. Several of you sold your items at the Viking Butikk. If you have some items, we also ask that you take at turn sitting at the table, in return for being able to sell your items. Oslo Lodge welcomes a small donation (10 %) from sales. For more info email Lorraine at [social@oslolodge.org](mailto:social@oslolodge.org)

### Sights From a Plane: Norwegian Fjords



Norway's extensive coastline, faces the North Atlantic Ocean and is home to its famous fjords. From the air, you can easily see these long, narrow inlets that were carved by glaciers. The National Geographic states that Norwegian fjords are the world's top tourist attraction. <http://www.bing.com/travel/content/search?q=Sights+From+an+Airplane%3a+Norwegian+Fjords&FORM=RQTRAVOslo>

### Lodge Members' Travelogue

Guest Editor: Lorraine Bentley



July 4 weekend found Charlie and me at our Pocono Mountain home. That Saturday evening was spent at the Dorflinger-Suydam Estate for the Wildflower Concert with a brass quintet performing. The setting is a natural amphitheater among big trees on a gentle slope. It is a wonderful area for an event of this nature.

About 200-300 people brought chairs, coolers and lunches to enjoy while listening to the musicians. One usually meets old friends during their time there.

Their program included music by Gershwin, Sousa, Bernstein, and Copland to name a few. Artistry and wide range of style certainly combined to offer a program that was most enjoyable to the large group gathered on that hillside. As the group played one number, Amazing Grace, the sun re-appeared through the trees with a glow that made one think God had looked down and provided special effects for the performance. The program closed with a rousing rendition of "Stars and Stripes Forever," a fitting finale for the holiday.

The highlight of the evening for us was that we knew one of the musicians performing, Scott Thornburg, son of our former Pastor and his wife, and someone we knew as a young man. He is now married, has a family and is living in Michigan. We were fortunate enough to meet him after the show and visit for a while. We felt one never knows where and when you will meet old friends.



**Central New York**  
**SCANDINAVIAN DAY**  
Sponsored by Oslo Lodge 3-438  
Sons of Norway



**A FAMILY-FRIENDLY EVENT**  
**Sunday October 17, 2010**  
**Northminster Church**  
**7444 Buckley Rd**  
**North Syracuse, NY**

**1 – 3 pm Culture Booths & Fun\***  
**3 – 5 pm Dinner & Program \*\***

- \* Take a trip around Scandinavia via the Viking Passport!
- \*\* Reservations required.

**Be certain to visit the VIKING Butikk** - bring a piece of the Nordic experience home with you. There will be Nordic Christmas décor, cards; books, pins & decals; and much more. Also preorder your Nordic delicacies (pick up in December). And preorder your 2011 Norwegian or Swedish Calendars!

**Sons of Norway Membership** is a passport that opens doors to history, language, rich Nordic culture, artisan crafts and more! Every month receive the Viking magazine and an invitation to a local lodge event. Please see, call or email any Lodge Officer for an application to become a member or to give someone the gift of membership! *Are you making the most of your membership in Oslo Lodge?* Please join us on Sept. 12<sup>th</sup> at 2 pm and experience what keeps us all coming back!

**Tentative Dinner Menu**  
**Nordic Cheeses and Crackers**  
**Tossed Green Salad**  
**Norwegian Meatballs and Gravy**  
**(Also a non-meat alternative)**  
**Potatoes, Peas & Carrots**  
**SurKal (Norwegian Sour Cabbage)**  
**Applesauce, Cranberries**  
**Coffee, Tea, sugar-free beverage**  
**Viking Cake**

**Oslo Lodge members please mail payment** for the dinner (\$15 per adult; children ages 6-12, \$5; under 6, free) as soon as possible for the lodge members in your family. **Make your checks out to Oslo Lodge** and mail to Mike McCadam, Oslo Lodge Treasurer, 103 Simmons Terrace, Syracuse, NY 13219. **Thank you! Remember guests are free but must be registered. Look for your guest invitations via email Labor Day weekend. Also find them at the September 12<sup>th</sup> event!**

**Oslo Lodge Members, please note: In a separate email** you will soon receive Scandinavian Day event flyers. Please seek permission before placing these in town halls, community bulletin boards, grocery stores and other places. Also, if you can place an announcement in a local newspaper, then please email [editor@oslolodge.org](mailto:editor@oslolodge.org) for the approved written copy.

Also by Labor Day weekend, all Oslo Lodge members will receive emailed invitations for your dinner guests along with ideas of how to promote Scandinavian Day to your non-member family and friends. We need to know how many are coming, so once you have a commitment from your guests, you must mail or email the forms. We need an accurate count for the dinner as there is a difference in cost and prep for a dinner for 60 versus one for 90!

**The goal of Oslo Lodge** is to preserve the wonderful NORDIC heritage we share while maintaining our unique cultural identities. Whether Swedish, Danish, Finnish, Icelandic or Norwegian, all contribute to the fabric of Oslo Lodge. You need not have Nordic heritage to belong, just an interest in Nordic culture! Activities are geared for all ages and children are always welcome. Whatever your age, we hope you will always feel you are with family when at Oslo Lodge!

Military Bands and More

United States Army Ceremonial Band



As most of us spend Labor Day with friends and family, let us remember our military serving around the globe. In honor of their dedication, we share the following link. The purpose of the link is to remind us of our freedom.

[http://media.causes.com/576542?p\\_id=92681239](http://media.causes.com/576542?p_id=92681239) And the Armed Forces Medley: <http://www.youtube.com/watch?v=FdXBewNsaQA&feature=related>

Hans Majestet Kongens Garde



His Majesty The King's Guards Band and Drill Team of Norway is the definition of precision! If you have 10 minutes then please watch this online video of them. They toss US made Garand M-1 rifles (WWII), and heavy weapons (9 pounds each). And one young guard spins it in a solo – you've never seen a rifle spin that fast. **Parental Caution: on this site** there's a small ad for adult movies, so take care that children do not have access to it. <http://sorisomail.com/email/16993/exibicao-de-banda-militar--um-espectaculo-imperdivel.html>

Patriot Day – September 11th

In the United States, Patriot Day occurs on September 11 in memory of the nearly 3,000 people killed in the September 11, 2001 attacks. Most Americans refer to the day as "Nine-Eleven (9/11)". The United States House of Representatives Joint Resolution 71 was approved by a 407-0 vote on October 25, 2001 and it requests that the President designate September 11 of each year as "Patriot Day." It was signed into law in December 2001 as Public Law 107-89 by then President George W. Bush. Initially, it was called the *Prayer and Remembrance for the Victims of the Terrorist Attacks on September 11, 2001*. On September 4, 2002, President Bush used his authority created by the resolution and proclaimed September 11, 2002 as Patriot Day. Now each Patriot Day, the President directs the American flag be flown at half-staff at individual American homes, at the White House, and on all U.S. government buildings, home and abroad. The President also asks Americans to observe a moment of silence beginning at 8:46 A.M. (Eastern Daylight Time), the time of the first plane crash on September 11, 2001.

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Just in case you missed our summer issue:

**Sons of Norway Third District  
Name Oslo Lodge as the**

**\*\* 2009 Small Lodge of the Year \*\*  
www.oslolodge.org**

**T U B F R I M**

**PLEASE save canceled stamps for TUBFRIM** and bring them next time. For every pound of stamps we mail in, we gain one entry for Oslo Lodge into a third drawing for 2 tickets to Norway! Please give your stamps to Martha Williams. The reward: the knowledge that we're helping Norwegian children and adults with multiple disabilities to have an improved quality of life!

**News from Norway via websites!**

- [www.aftenposten.no/English](http://www.aftenposten.no/English)
- [www.aftenposten.no/webcam](http://www.aftenposten.no/webcam)
- [www.NorwayPost.no](http://www.NorwayPost.no)
- [www.norway.org](http://www.norway.org)

**Benevolence – Pass the Piggy**

“Pass the Piggy” funds are for the benefit of Sons of Norway members across North America who have experienced natural disasters or other traumatic events. It is another example of true fraternalism!



**Member Services Available to you!**

**Two new products in Sons of Norway’s Portfolio.**

**Nordic Whole Life** Traditional Whole Life with guaranteed fixed premiums, guaranteed fixed death benefit, and guaranteed cash values. As long as you pay the scheduled premium, this policy will remain in force as long as you live, no matter how long you live. Along with the cash values, this policy will also earn dividends. **Nordic Single Premium Whole Life.** Also a Traditional Whole Life with the same guarantees as explained above, with one change – you make one single premium payment.

Nordic Whole Life is available in most states, and Nordic Single Premium Whole Life will be available by mid-year 2010. Please feel free to contact our Financial Benefits Counselor, Sverre Aasgaarden for further details.

Just in case you missed our summer issue check it out at [www.oslolodge.org](http://www.oslolodge.org)

**Sons of Norway Third District  
Name Oslo Lodge as the**

**\*\* 2009 Small Lodge of the Year \*\***

**ADVERTISEMENTS**

**As a friendly reminder to Oslo Lodge Members: Please take advantage of the opportunity for free advertisement here. For more details, contact [editor@oslolodge.org](mailto:editor@oslolodge.org). All others pay a fee.**

*Land of the Vikings*

**Sherman, Pennsylvania  
Sons of Norway Third District  
Cultural & Recreational Center  
Phone: 570-461-3500  
Fax: 570-461-7500  
Email: [vikingland@tds.net](mailto:vikingland@tds.net)  
Beverly & Rick Budrick, managers**

**For all your skin care, cosmetic, family’s nutritional supplements, and gift giving needs,  
please contact Karin at  
[HealthHopeBeauty@yahoo.com](mailto:HealthHopeBeauty@yahoo.com)**



**Financial Benefits Counselor Contact Sverre Aasgaarden for a complimentary financial review. Call 1-800-314-2955 or email: [aasgaarden@cs.com](mailto:aasgaarden@cs.com)**

Allow me, *Thor*, to offer tips and suggestions as you navigate your way through this sea of Financial Products!

