

Sons of Norway Lodge 3-438



Oslo Lodge Mission Statement

“The mission of Oslo Lodge, Sons of Norway 3-438, is to promote and preserve the heritage and culture of Norway and other Nordic Countries.”



New York - The Empire State

Oslo L♥dge in the heart of Central New York

Fra Presidenten:

Dear members and friends,

The summer is here, if you did not make it to our get together at my house you missed out. We had a good turn out and a very warm day. The kids played games and the adult did a lot of talking and eating. If you missed it you also missed out on the announcement that we were chosen as the 2009 Third District Small Lodge of the Year! This is due to everybody's hard work so we should all be very proud.

We are always looking for some new ideas for programs and some new members, so when you are traveling around this summer use a few spare minutes to come up with ideas on how we can improve. If, on your travels, you run into someone that looks Scandinavian or expresses an interest in our history or culture invite him/her to our meeting. Have a great summer.

Bjorn Solli, President
3-438 Oslo lodge

Oslo Lodge 3-438

Sons of Norway

Third District

2009 Small Lodge of the Year

Oslo Lodge meets at Northminster Church, 7444 Buckley Rd., N. Syracuse, NY 13212

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Oslo Lodge Executive Officers

President: Bjorn Solli
president@oslolodge.org

Vice President: Jim Mostrom
vicepresident@oslolodge.org

Secretary: Marsha Roseen
secretary@oslolodge.org

Treasurer: Mike McCadam
treasurer@oslolodge.org

Social Director: Lorraine Bentley
social@oslolodge.org

Youth Director: Sarah Barbuto
youth@oslolodge.org

Newsletter: editor@oslolodge.org
Web: webmaster@oslolodge.org
Oslo Lodge www.oslolodge.org
Third District www.3dsofn.org
Sons of Norway www.sofn.com

Circulation to a few brave Nordic folks and those who are not afraid of them!

Oslo Lodge 2010

August 7th Land of the Vikings (LOV). Come to LOV for lunch, dinner or overnight, if you like. Hudson Valley Lodge is hosting the weekend. They have planned lots of activities for kids, youth and adults. You can swim, hike, relax, and snakker Norsk! The HIGHLIGHT will be Saturday night dinner, as Bjarne Livollen will accept the Third District Leif Erickson Lifetime Achievement Award for his contribution to the Order. Brother Livollen, 94, crafted the awesome Viking Ship Bar at LOV. Won't you join some of us from Oslo Lodge for this special event, and then stay for the bonfire and fireworks? Please be in touch with Karin McCadam - editor@oslolodge.org if you plan to go or if you would like more details. Also for the ADULTS: HVL President Randi Tolfesen announced the 'Brews, Cruise and Canoes' trip on the local river, planned for Saturday afternoon. If interested we can put you in touch with Randi. So come for an afternoon, dinner or spend the weekend (LOV reservations 570-461-3500).

Aug. 29 - Sept. 2 Sons of Norway International Convention in Idaho! Check out www.sofn.com for more details

Sept. 12th (Sunday) 2:00 pm Oslo Lodge returns to Northminster Presbyterian Church, 7444 Buckley Rd., N. Syracuse, NY 13212 for all meetings until May. Come for the 1st Fall Program and catch up with all your friends! We will have some great conversation, and will also share the plans for the year. We will entertain nominations for Lodge Officers. The Kids will work on their Sports Medals and also begin their Viking costumes! Also, we need your input about our October event. Check out our map at www.oslolodge.org. We meet in the Fellowship Hall for fun, fellowship, and delicious refreshments. So please make a point to be there!

Mid. Oct. OSLO Lodge has a pleasant surprise for you. Come out on September 12th and learn how you can participate. Culture, Crafts, Fun and Membership Booth. Fun for the kids, seniors and everyone in between. **Northminster Presbyterian Church, 7444 Buckley Rd., N. Syracuse, NY 13212**

October 31st 12 noon, Zone 4 meeting at LOV – Oslo Lodge will send 2 delegates to the zone meeting. More info at the Sept 12th Oslo Lodge Program and meeting. Any Oslo Lodge member can attend, but you must be a delegate to make motions and vote.

Nov. 1st 2011 Zone 4 Scholarship Raffle Tickets will be available. This last year the Zone provided for 7 \$500 Scholarships to deserving youth in our Zone. It is a rigorous selection process and the Scholarships are well-earned. We are so happy to provide this opportunity to our Unge Venner members or children and grandchildren of our members. However, it is via the sale of these raffle tickets that we are able to support this endeavor. The prizes are awesome: 3rd prize, \$100; 2nd prize, \$200; and Grand Prize is a Land of the Vikings (LOV) weekend for two! So plan now to support the Scholarship via the Raffle Tickets. *If you are opposed to raffles*, then please feel free to support the Scholarship Fund with a gift in honor or in memory of any one you wish. Each such donation is listed on the Scholarship Dinner Program.

Dec 5 Oslo Lodge Juletefest is fun for kids, youth, adults! This event is NOT to be missed. Fun for ALL! More details in next newsletter.



Dec 6 Finland's Independence Day



Dec 10 Nobel Prizes awarded

Dates to Save in 2011

April 16 Zone 4 Scholarship Dinner at LOV. Come have fun and recognize the 2011 Scholarship winners!

2011 Zone 4 Memorial Service hosted by Norrøna. Date and details as these become available.

OSLO LODGE NEWS

Oslo Lodge Is Fun, and has Great People, with activities *every month* for the whole family. Bring the kids to the active youth group. For the whole family we have music, history, genealogy, and many opportunities to share and grow in everything Nordic! Come and you can meet others and speak either Norsk, Svensk eller Dansk. If you are excited by Nordic culture, then please join the fun at Oslo Lodge, which meets at Northminster Presbyterian Church, 7444 Buckley Rd., N. Syracuse, NY 13212

OSLO Vikings – Youth Club

Nordic culture and lots of fun happening at Oslo Vikings. Our Youth Director, Sarah Barbuto, is open to having other parents join her! Come learn what she has planned for this year: horse-back lesson, snowshoeing, cross-country skiing, and a downhill ski lesson at Song Mountain. What are some of your ideas? Are you willing to lend a hand and join the fun? Please email Sarah at youth@oslolodge.org

College Corner

Years ago there was a public service announcement on television every night. “It is 10:00. Do you know where your children are?” Caring parents know! Well, interested lodge members want to know about our college youth. Where are they and what are they doing for the summer? Most are working around their home towns. One is working at a Language Camp in Minnesota. Read about their summer adventures and their plans for the fall semester in the September and October newsletters.

**Oslo Lodge Gathers to Honor Fred Watt, Counselor**

Former Lodge Presidents. Back row: Sarge Larsen, Fred Watt, Harold Rodman, Dick Olsen. Front row: Karin Gudbranson McCadam and Martha Williams

On July 15th approximately 40 former and current members of Oslo Lodge gathered at Castaways to honor long-time member, Fred Watt. Fred and his beloved Gert were instrumental in the life of Oslo Lodge. Fred has guided and cheered us on during the rebirth of the lodge. Now Fred is moving south to spend more time with his children and grandchildren. Thanks to all who participated in the dinner and recognition. Og, Fred, vi ønsker De velkommen tilbake.

Behind the Scenes at Oslo Lodge and Third District (3D).

All of you have heard or seen the name, but you may not have met Jim Dunagan, our Lodge webmaster. His talent came to the attention of the 3D and he became the 3D Webmaster. Jim will never toot his own horn, but we will! His name was mentioned several times during the recent 3D Convention. (Go to www.3dsofn.org to read the special Convention newsletter where his efforts are recognized.) We're glad to have Jim and Christine as Oslo Lodge members! Christine was our Treasurer for the first 3 years after the Lodge was reborn. The Dunagan Family has made many wonderful contributions to the life of our lodge.

Sons of Norway Sports Medal can be earned

simply by recording your own activities, such as swimming, walking, running, etc. Please log onto www.sofn.com, members section to learn more and come to the September 12th meeting to meet some our own Oslo Lodge winners!

Circulation to a few brave Nordic folks and those who are not afraid of them!

Third District Convention

3D Convention Cultural Awards – Fram Lodge cleaned up!

Best in Show: Morten Johanneson –

Carved knife

First Place: Morten Johanneson

Carved knife

First Place: Bjørg

Dunlap,

Needlework

First Place: Debbie

Welde,

Rosmaling

Second Place: Else Anderson,

Rosmaling



Newsletter Award – Small Lodge Congratulations Fram Lodge on a job well-done!

(FYI: Oslo Lodge did not enter as this editor wears too many hats. If someone else would step forward and take on this task, come 2012, we think we might place in this category)

**We hope to post the other winners
from our zone in a future newsletter.**

Zone 4 Lodges

Fram

Hudson Valley

Oslo

Norrøna

Norseman

Scandinavian Heritage

Troll

President

Solfrid J Kugler

Randi Tolfsen

Bjorn Solli

Solveig Hellstrom

Roy Bjercke

Susan Mayback

Kari Williams

OSLO LODGE Awards



Three Oslo Lodge members have earned their Sports Medals. Joseph Barbuto, 7, earned the Bronze Idrettsmerke sports medal in March and the Silver Idrettsmerke sports medal in April. Joey's older brother, Kevin Barbuto, 9, has earned the Bronze Idrettsmerke sports medal in April. Their mother, Sarah, earned the Bronze Idrettsmerke sports medal in April.

Third District – Oslo Lodge cleaned up!

*** 2009 Sons of Norway Third District ***

***** Small Lodge of the Year *****

******* OSLO LODGE *******



Some Oslo Lodge Members at the Oslo Lodge June Picnic at Oslo Lodge President Bjorn Solli's home. THANKS to Bjorn and Diane for hosting the event!

More 3D Convention Awards

On behalf of Oslo Lodge the following 2008 awards were accepted by Karin McCadam:

Silver Merit Award for Fraternal Excellence.

Silver President's Merit Award for Fraternal Excellence.

On behalf of Oslo Lodge the following 2009 awards were accepted by Bjorn Solli:

Founders Certificate for Membership Achievement

Gold Merit Award for Fraternal Excellence.

Gold President's Merit Award for Fraternal Excellence

And, then at the Closing Dinner on Saturday evening, **Oslo Lodge President Bjorn Solli**, on behalf of Oslo Lodge graciously and happily accepted the **2009 Sons of Norway Third District Small Lodge of the Year!**

Additional Notations: District 3 Winners.
Founders Awards are given to lodges that have a membership growth rate between 3 and 20 %.

There were 12 lodges which earned Founders Awards in 2008 and Oslo Lodge came in first with 15%. There were 9 lodges with the honor in 2009 and Oslo Lodge came in 1st with 33%. A huge congratulations to each of you at Oslo Lodge who have invited, encouraged, sponsored new members and invited former members to become active again!

3D District Convention Highlights



2010 3D Memorial Service

Before any business was conducted at the Third District Convention, we gathered in remembrance of those Third District members who have passed since the last 3D Memorial Service. The Memorial service was conducted by President Ralph Peterson. International Director Barbara Berntsen gave a heartfelt memorial address. Our own Arnie Johnson, outgoing Zone 4 Director is pictured above as he remembers those from Zone 4 who passed on since the last Convention.

The whole convention was filled with music! Don Bitterlich, accordionist, was our “Roving Musician” at the President’s Reception following the Memorial Service. It was so fun to find friends to sing along with from Zone 4 as well as other zones. (A special Oslo Lodge shout-out to our friends from the Hartford Lodge!)

The Convention opened on Thursday with the Dauphin County Veterans Group Color Guard, who presented our colors. Then Mayor D.J. Landis gave a welcome address. After our anthems, pledge and the previously mentioned guests, some rousing singing accompanied by our own accomplished accordionist, Luana Marie Jøsvold readied us for the work to come!.

One very wonderful surprise was the Schwandt Family Chamber Ensemble, a family of 9 who entertained us with classical, Christian and Nordic musical

compositions on violin, viola, cello, flute, guitar and recorder. Our bravos continue to the Schwandt family. It was certainly heart-warming and definitely a wonderful cultural and musical addition to the Convention.

2010-2012 Third District Board

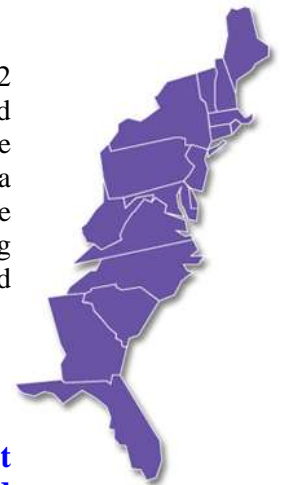
- | | |
|-----------------------------------|-----------------|
| President * | Ralph Peterson |
| Vice President * | Gail Ekloff |
| Secretary * | Marci Larson |
| Treasurer * | Peter Vatne |
| Counselor * | Mary Andersen |
| Youth Director | Evelyn Karpack |
| Public Relations Director | Kathy Dollymore |
| Cultural Director | Kristin Stone |
| Sports/Recreation Director | Gene Olson |

*Executive Committee

Zone Directors

- | | |
|------------------------|--------------------------|
| Zone 1 Director | Kris Rasmussen |
| Zone 2 Director | Judith Nilsen-Mack |
| Zone 3 Director | Barbara Bensen |
| Zone 4 Director | Karin Gudbranson McCadam |
| Zone 5 Director | Gail Martinsen |
| Zone 6 Director | Carol Goral |
| Zone 7 Director | Ed McCarthy |

District 3 has over 7,000 members in 52 Lodges on the East Coast of the United States from Maine to Florida. We offer the opportunity to make friends who share a common interest, learn and practice traditional Norwegian skills while enjoying the many Lodge social functions and enjoying Norwegian delicacies.



Oslo Lodge extends our heartfelt congratulations to the multi-talented convention host lodges, Restauration & Fredriksten, as they accomplished an amazing feat with finesse, beauty and true Nordic grit!

Sons of Norway International Convention 2010



Rosemaling by Nancy Schmidt, Høstfest '09

Along with this year's International Convention in Coeur d'Alene, Idaho, the Sons of Norway International Folk Art Exhibition and Competition will also be held. All members of Sons of Norway can participate in a variety of categories from rosemaling to Hardanger embroidery.

Regardless of whether you're a professional or just starting out, there's a place for you in this event. Everyone who enters will receive a certificate of participation and a commemorative pin. First, second and third prizes will be awarded in each category and class. There are also prizes for People's Choice and Best-In-Show.

Remember that it is not necessary to participate in a district-level convention to take part in the international event. Participants can bring their works to the convention site or send them with their local delegate. Pre-registration is recommended. The registration packet and additional information can be found at www.sonsofnorway2010.com

Sons of Norway International Convention 2010

Its convention time again! Right now members from throughout Sons of Norway are preparing for the 2010

International Convention. In late August, hundreds of people will be gathering in Coeur d'Alene, Idaho to discuss important matters and chart a course for Sons of Norway's future. Additionally, delegates, guests and dignitaries will be joining together, sharing stories of fraternalism in their communities and celebrating Norwegian heritage and culture.

This is an exciting time for all of Sons of Norway, so naturally we want to share it with every member around the globe. To that end, Sons of Norway has set up a number of locations on the web where members can go and learn about all the exciting things happening at the International Convention. www.sonsofnorway2010.com. This website is devoted to all things convention! From the home page you can read a special message from the International President, register for convention events, learn about the Coeur d'Alene area and learn about special convention sponsors and partners. In addition, you can also check out both photos and videos of the convention, which will be updated daily. sonsofnorway.blogspot.com. During the convention, the Sons of Norway blog will turn into a real-time convention reporting blog so members who are unable to join us in Coeur d'Alene will be able to follow along with the convention from the comfort of their home. Check the blog throughout each day of the convention to learn about topics being discussed, voting results and to get an inside look at the convention experience! [Twitter.com/sonsofnorway](https://twitter.com/sonsofnorway). The Sons of Norway Twitter feed will bring rapid-fire updates about the convention and quotes from attendees. Make sure to stay in the loop by following Sons of Norway on Twitter!

Sons of Norway Membership is a passport that opens doors to history, language, rich Nordic culture, artisan crafts and much more! Every month receive the Viking magazine and an invitation to a local lodge event. Please see, call or email any Lodge Officer for an application to become a member or to give someone the gift of membership! *Are you making the most of your membership in Oslo Lodge?* If not, then this is the summer of change. Please join us on August 7th at LOV, the Third District's Cultural and Recreational Center. Come on Sunday September 12th at 2 pm and experience what keeps us all coming back@ For more information, please contact editor@oslolodge.org or any Lodge Officer.

Circulation to a few brave Nordic folks and those who are not afraid of them!



SONS OF
NORWAY 3D

**Fra Presidenten
Ralph Peterson**

Hei Alle Sammen!!!!

What a great convention. We had a great crowd, we passed some good resolutions, we improved our bylaws, we had a great cultural show, we had a lot of learning opportunities, exchanged some great ideas and best of all, had a great time.

There are so many to thank that I won't try because I will leave someone out so let me just say they were a lot of people who worked hard and long to get the convention together and made it work and we can't forget the delegates who came from far and near. The convention minutes are being produced as we write. When they are completed they will go on the web site and there you can read the thank you resolution put forth by the resolution committee. I don't think they missed many people.

There were many complements received about our breakout sessions. Having two days worth of sessions paid off as we had several delegates and members attend multiple sessions. Mother Nature dealt us and the hotel's A/C unit a serious blow with the lightning strike. But there is not much we could have done about that.

The convention did help increase the readership of the District Web Site. We averaged 228 daily visitors in June and on June 4 the site had over 400 visitors.

During the convention I heard of several great SON events that are coming up this summer and early fall. Unfortunately not

all of them are on the District Events Page. If you are looking for a full house you need to advertise and the events page is read by 3-5 thousand readers monthly and doesn't cost you a penny out of pocket.



I did mention at the convention that the 3D LTD gas lease had been sold to Hess Corporation? I recently received a letter from Hess confirming that sale. The letter also said Hess they were drilling 3 test wells in our area this fall.

I am looking forward to working for you these next two years. This morning I started working on my lodge visitations for the next two years. Hopefully we will meet along the way.

I want to thank you for your support in reelecting me for a second term as your District President. Your confidence in my ability to conduct your business is very gratifying and humbling. Rest assured I will do my best
Fraternally,
Ralph Peterson

MEET YOUR NEW 3D BOARD



Back Row: Gene Olson, Kathy Dollymore, Kristin Stone, Evelyn Karpack, Ed McCarthy, Carol Goral, Gail Martinsen, Karin Gudbranson, McCadam, Barbara Bensen, Judith Nilsen-Mack, Kris Rasmussen.

Front Row: Mary Andersen, Gail Ekloff, Ralph Peterson, Marci Larson, Peter Vatne.



**SONS OF
NORWAY**

**Fra Vice Presidenten
Gail Ekloff**

Well the convention is over and most lodges are on a summer break. Thought I'd take one too, but as luck would have it a few great event are taking place in the next few months and Rolf and I want to attend.



The next two years I will limit my monthly letter and use the space to communicate information regarding lodge membership retention and recruitment.....PLEASE contact me with ideas, suggestions, or questions regarding Sons of Norway, and how we might make the" Terrific Third "even better.

For those unable to attend the membership breakout session at the convention, all lodges will receive the packet used in this session in September. Hope the membership committee and the Vice Presidents of the lodges review and try to implement some of the ideas

Enjoy the summer; fall will be here before you know it and Sons of Norway will be "full steam ahead"

Alt for denne gangen, Gail

**REMEMBER THE 2 A'S TO GET
NEW MEMBERS---
ASK AND ADVERTISE
AND, TO KEEP MEMBERS,
THE 2 M'S - MENTOR AND MINGLE**

**Fra Publicity Director
Kathy Dollymore, 3D**

Third District Publicity

I want to thank everyone who had the confidence in me to elect me to the position of Publicity Director. I promise to do my best to continue the excellent work Mary Andersen and Jim Dunagan have done on the TDT and the web site. I will be asking for your continued support by contributing your lodge news and posting it in What's the Buzz?, and being a regular contributor to the 3D Calendar of Events. Send your posts to publicity@sofn3d.org; we will retrieve emails on a weekly basis. The Events Calendar and LOV pages are the pages most often visited. Posting your events is an excellent opportunity to inform your members and prospective members of your activities. Remember you must post your lodge events on the 3D Calendar of Events to be eligible to have you lodge news appear in What's the Buzz?

A great big thank you to everyone who took out an ad in the Journal. Please remember to support our corporate sponsors who are listed on the convention page of our website.

Questions about the Convention? Visit the 3D website and blog about it!!



A View of the Convention

EXPLORE YOUR HERITAGE

There were a lot of helping hands that made this Convention the success that it was. A couple of very big "Thank You's", one to the lodges who provided cookies for the breaks. The coffee breaks are one of the highlights of Convention. And then there were the lodges who offered wonderful Viking Auction items. A substantial donation to the Charitable Trust was made from monies realized from the auction. It is a fine example of fraternalism. Over 200 people attended the 2010 convention in New Cumberland, PA! As you can see, we elected a new Board. We conducted the business of the Sons of Norway. First time delegates met with the officers for a question and answer session. It was wonderful to see so many First Timers with insightful and interesting questions.

Member Services Available to you!
Two new products in Sons of Norway's Portfolio

Nordic Whole Life Traditional Whole Life with guaranteed fixed premiums, guaranteed fixed death benefit, and guaranteed cash values. As long as you pay the scheduled premium, this policy will remain in force as long as you live, no matter how long you live. Along with the cash values, this policy will also earn dividends.

Nordic Single Premium Whole Life. Also a Traditional Whole Life with the same guarantees as explained above, with one change – you make one single premium payment.

Nordic Whole Life is available in most states, and Nordic Single Premium Whole Life will be available by mid-year 2010. Please feel free to contact our Financial Benefits Counselor, Sverre Aasgaarden for further details.

Coming Next Month
Oslo Lodge members' Travelogue!

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**News from Norway via websites!**

- www.aftenposten.no/English
- www.aftenposten.no/webcam
- www.NorwayPost.no
- www.norway.org

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*Land of the Vikings*

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**Phone: 570-461-3500**  
**Fax: 570-461-7500**  
**Email: vikingland@tds.net**  
**Beverly & Rick Budrick, managers**



**We are an award-winning magazine with staff-written news, feature stories and artwork that inform and inspire Central New York parents and their children.**

A comprehensive calendar highlights the best in family-friendly events throughout the area. With verified circulation of more than 26,000 copies throughout Onondaga County, *Family Times* is essential reading for parents who want to be up to date and involved with the issues affecting their families and communities. Look for a new issue the last Friday of every month in more than 500 locations. **Call 472-4669 for the location nearest you! We deliver. For subscription information, call 422-7011 and ask for circulation.**

**Financial Benefits Counselor** Contact Sverre Aasgaarden for a complimentary financial review. Call 1-800-314-2955 or email: aasgaarden@cs.com

